

# SETTING GOALS

When the mentee writes a goal, it should be as a broad statement of purpose. Once the goal is determined and agreed, the mentee will need a series of more specific short term goals to determine a clear direction and will then work with the mentor to clarify how progress will be measured.

One example of goals that build upon each other is:

**Broad goal** – to change the current thinking in my research area of X.

**Long-term goal** – apply successfully for a large research grant.

**Short-term goal** – build my track record in areas of weakness.

**Goal:**

**Long term goal:**

**Short term goal:**