Binding Energies

Apparatus

a large chart of the binding energy or mass defect per nucleon

Action

The students examine the chart and identify which nuclei are the most stable and which processes can lead to stability for different nuclei.

The Physics

The most stable nuclei are those with the greatest binding energy per nucleon. Those that are much heavier than iron tend to undergo fission to move back towards the stable region of the chart. Small nuclei like hydrogen can undergo fusion (at high enough temperatures, such as in stars) to form larger elements with greater binding energy per nucleon.



Accompanying sheet:

