

Lecture 2

# Applications of SHM and Energy

Pre-reading: §14.1–14.3

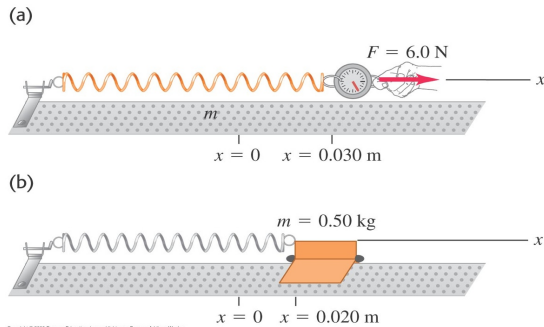
## Simple Harmonic Motion

- Suppose the **restoring force** varies linearly with displacement from **equilibrium**  
$$F(t) = -k x(t)$$
- Then the displacement, velocity, and acceleration are all sinusoidal functions of time
  - This defines Simple Harmonic Motion (**SHM**)
- Period/frequency depend only on  $k$  and  $m$  with  
$$\omega = \sqrt{k/m}$$

(does not depend on amplitude!)

§14.2

## Example 14.2



- What is the force constant of the spring?
- What is the angular frequency, frequency, and period of oscillation?

## Energy and SHM

- Total energy in an SHM system is conserved
  - does not change with time
- Components of energy oscillate between kinetic and potential

$$E = \frac{1}{2}mv_x^2 + \frac{1}{2}kx^2 = \frac{1}{2}kA^2 = \text{constant}$$

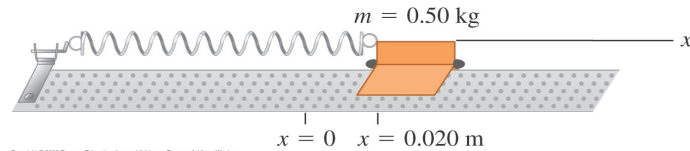
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- Offers alternative approach to find  $x$ ,  $v$ ,  $a$

§14.3

## Example 14.4

(b)



Same spring,  $k=200 \text{ N/m}$

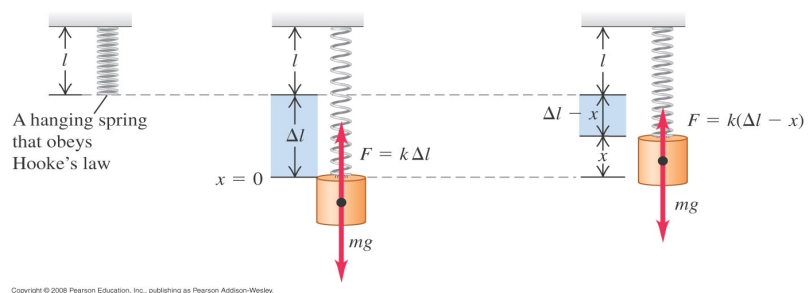
What is max/min velocity? acceleration?

What is  $v, a$  when  $x = +0.010 \text{ m}$ ?

What is total, potential, and kinetic energy at  $x = +0.010 \text{ m}$ ?

§14.3

## SHM: Vertical Springs



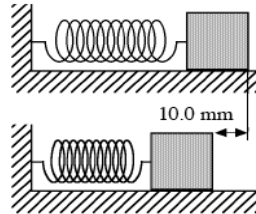
- **IMPORTANT:** Set up coordinate system!!
- Motion of vertical spring **is** described by simple harmonic motion with

$$\omega = \sqrt{k/m}$$

§14.4

## 2006 exam

## Question 11

Maximum spring  
extensionMaximum spring  
compression

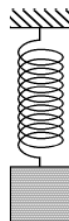
A spring of negligible mass with an unknown force constant  $k$  is attached to a block of mass  $0.250\text{ kg}$ . The other end of the spring is attached to a rigid wall. The mass is pulled and allowed to oscillate horizontally on a frictionless surface. The frequency of oscillation is  $10.0\text{ Hz}$ . The distance between the positions of the mass when at maximum spring extension and maximum spring compression is  $10.0\text{ mm}$ . Assume air resistance is negligible.

- What is the force constant  $k$  of the spring?
- What is the total mechanical energy of the mass/spring system?
- What is the speed of the oscillating mass when it is exactly halfway between the positions of maximum extension and compression?
- If the spring is replaced with another with a force constant which is  $n$  times larger, what will be the new frequency of oscillation?

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## 2006 exam

Now the mass is allowed to hang vertically (using the *original* spring from part a)



- What effect will the force of gravity have on the frequency of oscillation? Explain in 2 or 3 sentences.

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## Next lecture

Pendulums, and Resonance

Read §14.5–14.8