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# Quantum Mechanics

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## Lecture 6

AM matrices: spin  $1/2$  example;  
Reduction of the two-body problem;  
Angular momentum revisited;  
Commutation relations;  
Simultaneous eigenstates.





# A quick recap

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Angular momentum eigenstates satisfy:

$$J^2 |j, m\rangle = j(j+1)\hbar^2 |j, m\rangle \quad J_z |j, m\rangle = m\hbar |j, m\rangle$$

The eigenvalues are constrained:

$$\text{Allowed values for } j \text{ are: } j = 0, \frac{1}{2}, 1, \frac{3}{2}, 2, \dots$$

$$2j+1 \text{ total states: } m = j, j-1, j-2, \dots, -j$$

The matrix elements of the raising and lowering operators are:

$$\langle j, m' | J_{\pm} | j, m \rangle = \sqrt{j(j+1) - m(m \pm 1)} \hbar \delta_{m', m \pm 1}$$



# Example: spin 1/2

Let's derive the spin operators for a spin-1/2 system using these formulas.

Recall:  $\langle j, m' | J_{\pm} | j, m \rangle = \sqrt{j(j+1) - m(m \pm 1)} \hbar \delta_{m', m \pm 1}$

Set  $j = 1/2$ .

$$\left\langle \frac{1}{2}, m' \left| J_{\pm} \right| \frac{1}{2}, m \right\rangle = \sqrt{\frac{1}{2} \left( \frac{1}{2} + 1 \right) - m(m \pm 1)} \hbar \delta_{m', m \pm 1} = \sqrt{\frac{3}{4} - m(m \pm 1)} \hbar \delta_{m', m \pm 1}$$

Now  $m = +1/2$  or  $-1/2$  only.

$$J_{\pm} = \begin{bmatrix} \left\langle \frac{1}{2}, \frac{1}{2} \left| J_{\pm} \right| \frac{1}{2}, \frac{1}{2} \right\rangle & \left\langle \frac{1}{2}, \frac{1}{2} \left| J_{\pm} \right| \frac{1}{2}, -\frac{1}{2} \right\rangle \\ \left\langle \frac{1}{2}, -\frac{1}{2} \left| J_{\pm} \right| \frac{1}{2}, \frac{1}{2} \right\rangle & \left\langle \frac{1}{2}, -\frac{1}{2} \left| J_{\pm} \right| \frac{1}{2}, -\frac{1}{2} \right\rangle \end{bmatrix} = \begin{bmatrix} 0 & \left\langle \frac{1}{2}, \frac{1}{2} \left| J_{\pm} \right| \frac{1}{2}, -\frac{1}{2} \right\rangle \\ \left\langle \frac{1}{2}, -\frac{1}{2} \left| J_{\pm} \right| \frac{1}{2}, \frac{1}{2} \right\rangle & 0 \end{bmatrix}$$



# Example: spin 1/2

Let's derive the spin operators for a spin-1/2 system using these formulas.

Recall:  $\langle \frac{1}{2}, m' | J_{\pm} | \frac{1}{2}, m \rangle = \sqrt{\frac{3}{4} - m(m \pm 1)} \hbar \delta_{m', m \pm 1}$

We also have:  $J_+ | \frac{1}{2}, \frac{1}{2} \rangle = 0$  and  $J_- | \frac{1}{2}, -\frac{1}{2} \rangle = 0$  therefore:

$$J_+ = \begin{bmatrix} 0 & \langle \frac{1}{2}, \frac{1}{2} | J_+ | \frac{1}{2}, -\frac{1}{2} \rangle \\ 0 & 0 \end{bmatrix} \quad \langle \frac{1}{2}, \frac{1}{2} | J_+ | \frac{1}{2}, -\frac{1}{2} \rangle = \sqrt{\frac{3}{4} - (-\frac{1}{2})(-\frac{1}{2} + 1)} \hbar = \hbar$$

therefore:  $J_+ = \hbar \begin{bmatrix} 0 & 1 \\ 0 & 0 \end{bmatrix}$  and  $J_- = J_+^\dagger = \hbar \begin{bmatrix} 0 & 0 \\ 1 & 0 \end{bmatrix}$



# Example: spin 1/2

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Let's derive the spin operators for a spin-1/2 system using these formulas.

Recall:  $J_{\pm} = J_x \pm iJ_y$

$$\frac{1}{2}(J_+ + J_-) = J_x \quad \frac{1}{2}(J_+ - J_-) = iJ_y$$

$$J_x = \frac{\hbar}{2} \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix} \quad iJ_y = \frac{\hbar}{2} \begin{bmatrix} 0 & 1 \\ -1 & 0 \end{bmatrix} \Rightarrow J_y = \frac{\hbar}{2} \begin{bmatrix} 0 & -i \\ i & 0 \end{bmatrix} \quad J_z = \frac{1}{i\hbar}[J_x, J_y] = \frac{\hbar}{2} \begin{bmatrix} 1 & 0 \\ 0 & -1 \end{bmatrix}$$

These formulas exactly recover the Pauli spin matrices in the z-basis!

$$\left| \frac{1}{2}, \frac{1}{2} \right\rangle = |\uparrow\rangle = |\mathbf{z}_+\rangle \quad \text{and} \quad \left| \frac{1}{2}, -\frac{1}{2} \right\rangle = |\downarrow\rangle = |\mathbf{z}_-\rangle$$

Also notice that total AM is:

$$|J| = \sqrt{\frac{1}{2} \left( \frac{1}{2} + 1 \right)} \hbar = \frac{\sqrt{3}}{2} \hbar$$



# Two-body Hamiltonian with interaction

Consider a Hamiltonian with two interacting particles that are otherwise free:

$$H = \frac{\hat{\mathbf{p}}_1^2}{2m_1} + \frac{\hat{\mathbf{p}}_2^2}{2m_2} + V(|\hat{\mathbf{r}}_1 - \hat{\mathbf{r}}_2|)$$

Position ket in 3D:  $|\mathbf{r}\rangle = |x, y, z\rangle$

Total state space:  $|\mathbf{r}_1, \mathbf{r}_2\rangle = |\mathbf{r}_1\rangle \otimes |\mathbf{r}_2\rangle$

Total linear momentum:  $\hat{\mathbf{p}}_1^2 = \hat{p}_{1x}^2 + \hat{p}_{1y}^2 + \hat{p}_{1z}^2$

The potential energy depends only on the **distance** between the particles.

Transform to center-of-mass and relative coordinates:

$$\hat{\mathbf{P}} := \hat{\mathbf{p}}_1 + \hat{\mathbf{p}}_2$$

Total linear momentum.

$$M := m_1 + m_2$$

Total mass.

$$\hat{\mathbf{R}} := \frac{m_1}{M}\hat{\mathbf{r}}_1 + \frac{m_2}{M}\hat{\mathbf{r}}_2$$

Center-of-mass position

$$\hat{\mathbf{p}} := \frac{m_2}{M}\hat{\mathbf{p}}_1 - \frac{m_1}{M}\hat{\mathbf{p}}_2$$

Relative linear momentum.

$$\mu := \frac{m_1 m_2}{m_1 + m_2}$$

Reduced mass.

$$\hat{\mathbf{r}} := \hat{\mathbf{r}}_1 - \hat{\mathbf{r}}_2$$

Relative position.



# Reduced Hamiltonian

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Rewrite the Hamiltonian in the new coordinates:

$$H = \frac{\hat{\mathbf{P}}^2}{2M} + \frac{\hat{\mathbf{p}}^2}{2\mu} + V(|\hat{\mathbf{r}}|)$$

Energy eigenstates can be labeled by total momentum  $P$ :

$$[\hat{\mathbf{P}}, \hat{\mathbf{r}}] = [\hat{\mathbf{p}}_1 + \hat{\mathbf{p}}_2, \hat{\mathbf{r}}_1 - \hat{\mathbf{r}}_2] = 0$$

We can always choose a co-moving frame so that:

$$P = 0 \quad \Rightarrow \quad H = \frac{\hat{\mathbf{p}}^2}{2\mu} + V(|\hat{\mathbf{r}}|)$$

We have reduced the problem to a single-particle problem.



# Angular momentum operator revisited

The new Hamiltonian is radially symmetric, so we expect AM conservation.

$$H = \frac{\hat{\mathbf{p}}^2}{2\mu} + V(|\hat{\mathbf{r}}|)$$

To show this, consider an AM operator  $L_z$  and its associated rotation operator:

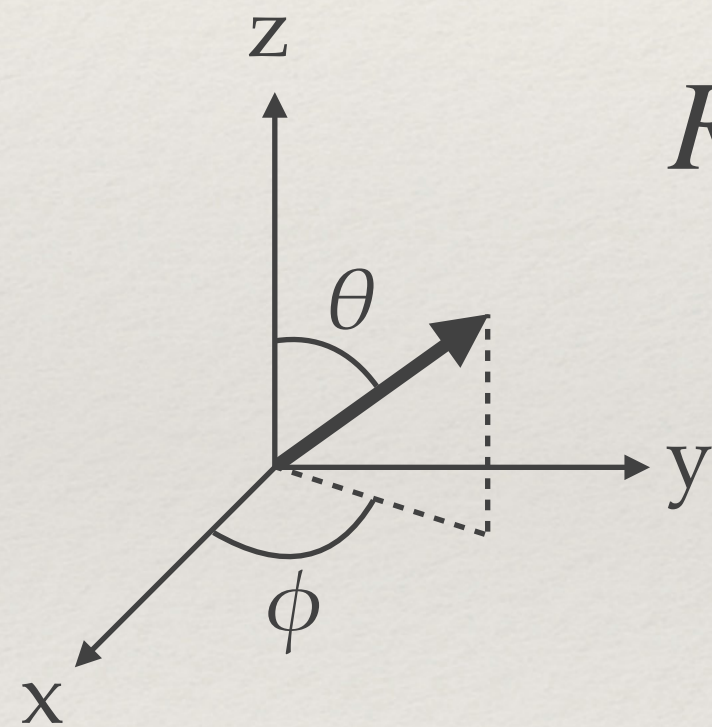
$$R(d\phi \mathbf{e}_z) |x, y, z\rangle = |x - y d\phi, y + x d\phi, z\rangle$$

$$= \left( 1 - \frac{i}{\hbar} \hat{p}_x (-y d\phi) \right) \left( 1 - \frac{i}{\hbar} \hat{p}_y (x d\phi) \right) |x, y, z\rangle$$

$$= \left( 1 - \frac{i}{\hbar} (\hat{x} \hat{p}_y - \hat{y} \hat{p}_x) d\phi \right) |x, y, z\rangle \quad \text{To first order in } d\phi.$$

$$R(d\phi \mathbf{e}_z) = 1 - \frac{i}{\hbar} L_z d\phi = 1 - \frac{i}{\hbar} (\hat{x} \hat{p}_y - \hat{y} \hat{p}_x) d\phi \quad \Rightarrow \quad L_z = \hat{x} \hat{p}_y - \hat{y} \hat{p}_x$$

Obtain  $L_x$  and  $L_y$  by cyclic symmetry.



Spherical coordinates



# Commutation relations

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Repeating the argument with cyclic symmetry, we conclude that:

$$\mathbf{L} = \hat{\mathbf{r}} \times \hat{\mathbf{p}}$$

This implies commutation relations with position and momentum:

$$\begin{aligned} [L_z, \hat{p}_x] &= [\hat{x}\hat{p}_y - \hat{y}\hat{p}_x, \hat{p}_x] & [L_z, \hat{p}_y] &= [\hat{x}\hat{p}_y - \hat{y}\hat{p}_x, \hat{p}_y] & [L_z, \hat{p}_z] &= [\hat{x}\hat{p}_y - \hat{y}\hat{p}_x, \hat{p}_z] \\ &= [\hat{x}\hat{p}_y, \hat{p}_x] & &= -[\hat{y}\hat{p}_x, \hat{p}_y] & &= 0 \\ &= [\hat{x}, \hat{p}_x]\hat{p}_y & &= -[\hat{y}, \hat{p}_y]\hat{p}_x \\ &= i\hbar\hat{p}_y & &= -i\hbar\hat{p}_x \end{aligned}$$

$$\begin{aligned} [L_z, \hat{\mathbf{p}}^2] &= [L_z, \hat{p}_x^2 + \hat{p}_y^2 + \hat{p}_z^2] \\ &= \hat{p}_x[L_z, \hat{p}_x] + [L_z, \hat{p}_x]\hat{p}_x + \hat{p}_y[L_z, \hat{p}_y] + [L_z, \hat{p}_y]\hat{p}_y + [L_z, \hat{p}_z^2] \\ &= 2i\hbar\hat{p}_x\hat{p}_y - 2i\hbar\hat{p}_x\hat{p}_y = 0 \end{aligned}$$



# Commutation relations

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$$\begin{aligned} [L_z, \hat{x}] &= [\hat{x}\hat{p}_y - \hat{y}\hat{p}_x, \hat{x}] & [L_z, \hat{y}] &= [\hat{x}\hat{p}_y - \hat{y}\hat{p}_x, \hat{y}] & [L_z, \hat{z}] &= [\hat{x}\hat{p}_y - \hat{y}\hat{p}_x, \hat{z}] \\ &= -\hat{y}[\hat{p}_x, \hat{x}] & &= \hat{x}[\hat{p}_y, \hat{y}] & &= 0 \\ &= i\hbar\hat{y} & &= -i\hbar\hat{x} & & \end{aligned}$$

$$\begin{aligned} [L_z, \hat{\mathbf{r}}^2] &= [L_z, \hat{x}^2 + \hat{y}^2 + \hat{z}^2] \\ &= \hat{x}[L_z, \hat{x}] + [L_z, \hat{x}]\hat{x} + \hat{y}[L_z, \hat{y}] + [L_z, \hat{y}]\hat{y} + [L_z, \hat{z}^2] \\ &= 2i\hbar\hat{x}\hat{y} - 2i\hbar\hat{x}\hat{y} = 0 \end{aligned}$$

Note:  $[\hat{\mathbf{r}}^2, |\hat{\mathbf{r}}|] = 0$



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# The Hamiltonian conserves AM

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We have established that the Hamiltonian conserves angular momentum:

$$H = \frac{\hat{\mathbf{p}}^2}{2\mu} + V(|\hat{\mathbf{r}}|)$$

$$[L_z, \hat{\mathbf{p}}^2] = [L_z, \hat{\mathbf{r}}^2] = 0 \quad \Rightarrow \quad [L_z, H] = 0$$

$$[L^2, \hat{\mathbf{p}}^2] = [L_z, \hat{\mathbf{r}}^2] = 0 \quad \Rightarrow \quad [L^2, H] = 0$$

There is nothing special about the z direction... the same is true for x and y!

But  $L_z$  does not commute with  $L_x$  or  $L_y$ , so we can only choose one simultaneous symmetry.



# Simultaneous eigenstates

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The rotational symmetry establishes the following commutations relations:

$$H = \frac{\hat{\mathbf{p}}^2}{2\mu} + V(|\hat{\mathbf{r}}|) \qquad [L_z, H] = [L^2, H] = [L_z, L^2] = 0$$

Therefore, a simultaneous eigenbasis exists for all three of  $H$ ,  $L^2$ ,  $L_z$ :

$$H |E, l, m\rangle = E |E, l, m\rangle$$

$$L^2 |E, l, m\rangle = l(l+1)\hbar^2 |E, l, m\rangle$$

$$L_z |E, l, m\rangle = m\hbar |E, l, m\rangle$$

Next lecture, we will see how this allows us to decouple the angular and radial parts of the wave function and solve the Schrödinger equation separately for each part.